



Maryland Population Research Center

WORKING PAPER

Double Burden for Women in Mid and Later Life: Evidence from Time Use Profiles in Cebu, Philippines

PWP-MPRC-2016-008

September 2016



Authors:

Feinian Chen
University of
Maryland

Luoman Bao
University of
Maryland

Zhiyong Lin
University of
Maryland

Zachary Zimmer
University of
California San
Francisco

Socorro Gultiano
University of
San Carlos



Double Burden for Women in Mid and Later Life: Evidence from Time Use Profiles in Cebu, Philippines

Feinian Chen^a, Luoman Bao^a, Zhiyong Lin,^a Zachary Zimmer^b, Socorro Gultiano^c

a. Department of Sociology, Maryland Population Research Center, University of Maryland, College Park

b. Social and Behavioral Sciences, University of California San Francisco

c. USC-Office of Population Studies Foundation, University of San Carlos, Cebu City, Philippines

July 13th, 2016

Paper presented at the 2015 annual meeting of Population Association of America. Funding for the study comes from the National Institute of Aging (R01 AG039443, PI: Linda Adair, co-investigator: Feinian Chen).

Abstract

Using data from the Cebu Longitudinal Health and Nutrition Survey (CLHNS, 1994, 1998, 2002, 2005, 2007, 2012), we utilize latent class analysis (LCA) to develop time use class membership to characterize the degree to which women in Cebu are subject to the double burden of work and family responsibilities in mid and later life. Results suggest that close to a third of the sample are engaged in high intensity work for pay (either outside or home-based) over eighteen years, while combining it with a substantial amount of household chores and with low level of personal time in a span of eighteen years. Our latent transition analysis (LTA) also shows that, with the addition of grandchildren into the household, some women experience a shift in time use class membership by becoming high intensity caregivers or by completely transitioning out of work arena while others remain double-burdened with active involvement in both work and family responsibilities.

The term “double burden” is often used to characterize the challenges a mother faces when balancing employment and domestic responsibilities (including household chores and caregiving) (Moen 1992). Studies on the “second shift,” that is, how working *mothers* juggle amongst family and work obligations are abundant in the literature (Hochschild and Machung 2012; Massey, Hahn and Sekulic 1995; Milkie, Raley and Bianchi 2009). However, absent from the literature is how the extent of a “double burden” changes over the life course. For example, as a woman transitions from younger to older adulthood, the nature of family responsibilities shift. Her childcare load could lessen as children grow older, while a transition to grandmotherhood may increase her caregiving duties later in life. This is especially true in settings where women tend to become grandmothers at a younger age, during a time when they may still be actively participating in the labor force. In a context where cultural expectations of taking care of grandchildren is high and coresidence is common, she could once again be subject to a high level of work and family demands.

This study is set in Cebu, Philippines, a province where the pace of fertility decline has been slow. Total fertility rate still remains well above 3.0 and the mean age at birth is 23.1 (Population Reference Bureau 2014). Women thus often become grandmothers at a much younger age compared to most women in low fertility settings. A 2009 report indicated that 1 in 5 older adult Filipinos take care of grandchildren, regardless of coresidence status (Cruz *et al.* 2009). The percentage would be even higher if younger women were included in the estimate. High rates of international migration and the increasing trend of overseas Filipino workers translates into additional demand for grandmothers to participate in childrearing (Parreñas 2000). While we know Filipino grandmothers take a major role in childrearing (Cruz *et al.* 2009), we

have little knowledge about the extent to which they experience a double burden by also being engaged in work and household activities.

In this paper, we take a step toward capturing the diversity in women's work and family responsibilities using rich time use data from a cohort study of mothers and children: the Cebu Longitudinal Health and Nutrition Survey (CLHNS) conducted in metro Cebu, Philippines. Using latent class analysis (LCA) and latent transition analysis (LTA), we first profile time use allocation and classify women into distinct groups, followed by analysis of transition in time use group membership. Given data that spanned a period of eighteen years (1994-2012), during which these women were transitioning from midlife to old age, we are able to examine the association between changes in household composition and time use patterns, paying particular attention to the effect of presence or addition of grandchildren in the household.

We are motivated by the following questions: 1) To what extent are women in Cebu, Philippines shouldering the “double burden” of work and family tasks, as evidenced by their time use profiles? 2) As women transition from midlife to old age, how do their alignment of work and family responsibilities change? 3) Does the presence or addition of grandchildren in the household translate into a difference or shift in work and family responsibilities? Our paper makes a significant addition to recent literature on time use at older ages, which are often cross-sectional in nature (Gauthier and Smeeding 2003, 2010; McKenna, Broome and Liddle 2007). Our longitudinal study sheds light on the changes in women's time use patterns across the life course. The answers to the above questions allow us to gain a concrete understanding of competing demands that many mothers and grandmothers are facing as they age. Although our study does not directly measure the extent to which work and family responsibilities are in conflict with each other, by accounting for time allocation devoted to work, caregiving,

household chores, and personal time respectively, our study provides a necessary step in documenting the multiple burdens women commonly face in a developing economy, where the boundaries of work and family are often not as clear cut as those in developed countries.

Work and Family Responsibilities for Women over the Life Course

Despite dramatic increases in female labor force participation in recent decades, particularly for working mothers, women around the world shoulder greater responsibilities for caregiving and housework in general, giving rise to the so-called “double burden” (Hochschild and Machung 2012; Mattingly and Bianchi 2003; Milkie *et al.* 2009; Sayer *et al.* 2009). Existing literature on maternal employment and childcare abounds with discussions on role incompatibility and conflict that is caused by the dual demands of work and caregiving (Chen, Short and Entwisle 2000; Desai and Jain 1994; Opong 1983; Tiefenthaler 1997). Does a woman face similar challenges later in life when she becomes a grandmother, in a context where caregiving for grandchildren is normative? For example, a study in China showed the average level of a grandmother’s care to be equivalent to that of a mother in caring for preschool children (aged 0-6) except for children under the age of 1 (Chen, Liu and Mair 2011). In the Philippines, it is often common for parents to live with their adult children and grandchildren and an overwhelming majority of the grandparents, grandmothers in particular, provide regular care for their grandchildren (Agree, Biddlecom and Valente 2005).

Research on grandparents’ caregiving for grandchildren has extensively investigated the implications of grandparental caregiving for grandparents’ well-being (Chen and Liu 2012; Chen *et al.* 2015; Hughes *et al.* 2007; Ku *et al.* 2013). One of the primary concerns of the

grandparental caregiving literature is whether these grandparents are overburdened with the physical and psychological stress of work and caregiving activities (Baker and Silverstein 2008; Leopold and Skopek 2014; Wang and Marcotte 2007). For example, recent studies in the U.S. suggest that about 36% of the grandparents who are caring for their grandchildren were actively employed in 2010 (Scommegna and Mossaad 2011). Due to the zero-sum nature of time, the potential for work, caregiving, housework and time for self care activities to crowd each other out is high. However, researchers are often limited to the inclusion of work status, household structure and intensity of caregiving in the analysis (Baker and Silverstein 2008; Chen and Liu 2012; Wang and Marcotte 2007). A direct examination of actual time allocation for work and caregiving and on whether they pose competing demands on one's time is lacking in the literature.

In addition, in a developing country setting, to characterize work status is often not as straightforward as that in industrial societies. Work boundaries are often fluid, meaning that women may not engage in work in the formal sector but rather they are involved with a wide range of informal income generating activities, such as working in a family store, making and selling handicrafts, or other service activities (Desai and Jain 1994; Donahoe 1999; Lloyd 1991; Short *et al.* 2002). Some work is more compatible with childcare than others due to time flexibility. For example, agricultural fieldwork or handicraft work can be more easily combined with childcare, while a nine-to-five wage job at a factory makes it challenging for one to assume primary caregiving responsibility. Thus, adjustment in work activities and other chores could be gradual and subtle, compared with the settings where market work is formal and therefore exiting and entrance into the labor market often involves drastic reconfiguration of other activities. For example, a study using the China Health and Nutrition Survey demonstrates that

birth has only a modest effect on mothers' wage employment but the shifts in work patterns are much more salient when using a typology that distinguishes different combinations of wage work, work in household businesses, and agricultural field work (Entwisle and Chen 2002).

There is also the possibility that no apparent adjustment is made in either work or caregiving when role transitions occur. Analyses using time diary data from nationally representative studies in U.S. show that mothers' time with children has remained stable in the face of dramatic increases in female labor force participation in the last few decades (Bianchi 2000; Sayer, Bianchi and Robinson 2004; Sayer 2005). Instead, what was reduced was women's time for household chores and leisure. While this pattern has been documented for the mothers, it is not known whether the same is true with grandmothers in developing countries, who often assume primary care responsibilities and are often still relatively young in age (Entwisle and Chen 2002). Recent time use studies show a decrease in paid work and physically demanding leisure activities, together with an increase in personal time associated with ageing (Gauthier and Smeeding 2003, 2010; McKenna *et al.* 2007). Yet, little has been documented as regard to how role transitions (such as becoming a grandmother) lead to shifts in patterns in time use later in life.

In order to better understand different demands in a woman's life, it is imperative that we look beyond work and caregiving and include other activities that impact on time allocation, including household chores and leisure time. We take a life course perspective by positing that women's time use patterns are likely to shift with changing life circumstances, particularly as family roles evolve. Following the principle of life-span development (see Elder, Johnson and Crosnoe 2003), we expect both continuity and change in time use patterns as one moves from younger to older adulthood. For example, as children grow up and transition into adulthood,

there would be an easing of caregiving duties for some woman and a subsequent increase in leisure time. For others, it could be accompanied by an increase in market work. As women become grandmothers, especially with grandchildren living in the household, they could get involved in childcare and scale back work activities. However, for some grandmothers, if they are engaged in home based work, then it may be relatively easy for them to combine childcare with work without making much adjustment in work activities. Based on a close examination of women's time use allocation, the current study expects to develop "profiles" of work/family combinations as well as transitions in profiles, as women transition from midlife to old age along with changes in roles and household composition.

Data

The CLHNS (Cebu Longitudinal Health and Nutrition Survey), established through collaboration between researchers at the Carolina Population Center at UNC Chapel Hill, and the Office of Population Studies Foundation (OPS) at the University of San Carlos in Cebu, follows a cohort of mothers and an index child born in 1983-84. Using a single stage cluster sampling procedure, 17 urban and 16 rural barangays (local administrative units) were randomly selected from the 255 barangays in Metropolitan Cebu. The 33 barangays, representing about 28,000 households, were surveyed to locate all pregnant women. Women were first interviewed in 1983 and were followed up in 1991, 1994, 1998, 2002, 2005, 2007, and 2012. In 1983, the women ranged in age from 14 to 45, with a mean age of 26. These women were recruited into the survey by virtue of their having given birth within a one-year period (May 1983- April 1984, n=3,237), therefore making the sample selective of high fertility and lower socioeconomic status (Adair *et al.* 1997; Gultiano 1999). There are no comparable large samples of women in developing

countries followed from the reproduction years to older adulthood. For detailed information on the sample design, see <http://www.cpc.unc.edu/projects/cebu/about>. For this paper, because our focus is daily time use activities, and since time use data has only been collected in 1994, 1998, 2002, 2005, and 2012, we start our analysis with a sample of women 1994. With low missing rates ranging from 0.17% to 2.05% on the dependent and/or independent variables, we did not impute any missing data and used listwise deletion (see recommendation by Lynch, Brown, and Mustillo 2016). The analysis starts with a sample of women in 1994 (n=2,279), with a mean age of 38. The final sample size for each follow up wave is 1,989, 2,102, 2,018, and 1,815 (see Table 1).

Daily Time Use Activities in CLHNS

The CLHNS collects data using 24-hr activity diaries (reported for a typical weekday). We can calculate the amount of time usually spent daily on activities such as food preparation, housekeeping, caregiving, working at home, working away from home, leisure, and sleep. We collapse daily time use into five broad categories:

- 1) working outside home for pay (including traveling time);
- 2) working at home for pay, examples include getting wares ready for selling, opening/closing store, watching store, doing other people's laundry;
- 3) household chores, including activities such as food preparation, marketing, cooking, washing dishes, housekeeping, gathering firewood, doing household repairs, making beds, sewing, mending; tending animals/garden;

- 4) caregiving, including activities such child/parent care (bathing/cleaning, dressing up, putting to sleep/waking, bringing to and from school, helping with homework, taking for a walk, feeding child);
- 5) personal time, including personal hygiene, recreation (napping, reading, listening to the radio, watching TV/movie), schooling.

Mean hours of daily time use activities for women in the CLHNS sample change over the 18-year time span. For example, the mean daily hours of working outside the home decreased from 3.47 to 2.85 hours from 1994 to 2012, while hours of working at home slightly increased (see Table 1). We observe decreasing average time in caregiving and household chores, but a considerable increase in personal time over the years (from 4.66 in 1994 to 7.25 hours in 2012). This is consistent with other time use studies (Gauthier and Smeeding 2003, 2010; McKenna *et al.* 2007).

-Table 1 about here-

It is important to note that there exists tremendous variation and skewness in the distribution of these time use variables. Thus, it is not ideal to treat these variables as continuous. After carefully examining the distribution of these time use activities, we collapse the daily time use in each of these five groups into three categories: *zero-low intensity*, *moderate intensity* and *high intensity* (identified as response 1, 2, 3 in later latent class analysis). Our choices of the cutoff points are substantively meaningful and are informed by the original distribution of the variables. While the loss of detail is inevitable in transforming the continuous variables to ordinal variables, we believe that it is in line with our substantive interests in capturing the *level* of burden that women may have in these different dimensions of activities. Table 1 provides the frequency distribution of the newly created categorical variables in addition to the mean and

standard deviation of the original continuous variables. Note that the cutoff points are based on relative distributions of each variable. We use overall means as reference points in defining the moderate categories and use the percentile distribution as our guide in picking up the cutoff points. The results are insensitive to small adjustments (e.g., using a five or six hour as the cutoff). For example, for work to be considered “high intensity”, the work hours are longer than eight hours a day, the standard work day hours. If one does not work at all, then they are grouped into the “zero-low intensity category”. To qualify as “high intensity” caregiving, caregiving hours are longer than an hour a day. As for personal time and household chores, longer than six hours a day is classified as “high intensity.” If one does less than two hours of housework, we classify that as “low intensity.”

Table 1 shows that many women are heavily engaged in work. For example, about 23.5% of the women work more than eight hours a day outside the home in 1994, and the proportion of women in high intensity outside work remains high in 2012 (19.3%). Fewer women were engaged in high intensity work at home, but over the years, a steady proportion of them work at home with moderate intensity (≤ 8 hours a day, from 16.5% to 19.5% over the years). Women’s involvement in moderate intensity housework is steady over the years. More than half of the sample performs household chores with moderate amount of hours (between 2 to 6 hours a day) across the years. A considerable number of women (20.6% to 34.4%) spent more than six daily hours in household chores. Finally, it seems women are spending more time on leisure on average over time, with more than half of the women spending more than six hours daily in personal time in 2012.

Latent Class Analysis and Latent Transition Analysis

The above description of these daily time use activities depicts the diverse activities in which Cebu women are engaged on a daily basis over a span of eighteen years. Although they are helpful, the statistics do not readily reveal how women are juggling among different activities on a daily basis, that is, the *combination* of activities in which women typically engage. For example, for those women who spend long hours working outside home, do they also engage in caregiving activities? For those who spend more than six hours a day on household chores, are they also involved in any market work? A closer examination of the *different* combination of time use activities is warranted to understand how women align work and family responsibilities and how they adjust them over the life course.

We use latent class analysis (LCA) to assess the time use patterns of these women in a systematic way. We posit that women's observed time use in different categories is a multidimensional manifestation of women's overall work and family responsibilities, an underlying latent class structure. The LCA approach offers an advantage over standard cluster analytical technique in that it makes no assumption about the distribution of the indicators (Vermunt and Magidson 2002). In our analysis, we make use of the above described three-category classification of the five time use variables as our categorical indicators (or items), i.e., zero/low to high intensity (ranging from response 1 to 3) work at and outside home, household chores, caregiving, and personal time. We use SAS PROC LCA for the analysis. Parameters are estimated by maximum likelihood using the EM algorithm (Lanza *et al.* 2007, 2015). The basic LCA model estimates two parameters, latent class membership probabilities (γ) and item-response probabilities (ρ). The latent class membership probabilities describe the distributions of classes of the latent construct. All the classes are mutually exclusive and exhaustive and add up

to a probability of 1 (McCutcheon 1987). We start by computing a latent class model with only a single latent class (no relations between the observed indicator variables) and then add one class after the other. The “best” model is selected based on the goodness of fit measures, including the likelihood ratio test statistics, AIC (Akaike Information Criterion), and BIC (Bayesian Information Criterion), with smaller AIC and BIC values suggest a better fit of the model. Because the distribution of the likelihood ratio test is unknown, we use it as a rough guideline and do not conduct a formal chi square test (Lanza *et al.* 2007).

The item-response probabilities are estimation of the association between each observed indicator variable and each latent class. They vary from 0 to 1, with a number closer to 1 suggesting a high to perfect association between the variable and the latent class, and a number closer to 0 suggesting no or weak association between them. These probabilities allow researchers to identify the defining characteristics of each group so that they can label each class substantively and therefore distinguish one class from the other.

The basic latent class analysis can be extended further to include estimation of β coefficients when covariates are added to predict class membership. The coefficients are interpreted the same as those in multinomial logistic regression, predicting the likelihood of being in one class versus a reference class. In our analysis, we use household composition as our key covariates, with particular attention paid to the presence of grandchildren.

While latent class analysis (LCA) effectively identifies latent class membership in time use for women in our sample at each time, it does not readily capture the changes in time use patterns over time. Thus, in our next step of the analysis, we introduce a dynamic element by applying Latent Transition Analysis (LTA), which allow us to assess the probabilities that latent

class memberships in time use change over time (Lanza and Collins 2008; Velicer, Martin, and Collins 1996). We first use LTA to develop a cross classification table that shows how membership in each class changes or remains stable over time. We then follow up with multivariate analysis that explores transition in and out of certain classes (logistic regression) as a function of change in household composition, particularly, the addition of grandchildren to the household.

Results from Basic Latent Class Analysis

We present the goodness of fit statistics in Table 2. It shows the likelihood ratio statistics as well as BIC, from a two class to seven class model. From 1994 to 2002 the statistics clearly suggest that a six-class structure is the best latent class structure overall across the survey years except for the last two waves (bolded in the table). Using the 1994 wave as the example, the BIC decreases from 2526.77 in a two-class model to 898.88 in a six-class model, and then increases to 942.68 in a seven-class model. All these point to a six-class model as the best. For the year 2005 and 2012, however, the patterns of BIC are less consistent. For 2005, BIC decreases steadily from class 2 to 4 but increases from 4 to 5 and then decreases again. For 2012, BIC decreases consistently from class 2 to 4 and then changes very little after that. A later examination of the item response probabilities suggests that one class that was identified in the earlier waves has disappeared completely in 2005 and 2012 (see later elaboration on page 17). This suggests that time use patterns change with increasing age and life circumstances shift accordingly.

-Table 2 about here-

Table 3 shows the item-response probabilities associated with each class in a six-class model in 1994. Each class is distinguishable from another based on the distribution of these probabilities and thus allows us to come up a clear substantive label for each class. In Table 3, we highlight the ρ that centrally defines the class in bold which is also what informs us to create the labels. In the summary below, we describe each class in detail and make note of the commonality and differences across these different classes.

-Table 3 about here-

The first class we identified is labeled as “*high intensity worker away from home.*” They have a 1.0 probability of being *high intensity* (response 3) in working outside home. Meanwhile, women belonging in this group are likely to engage in moderate household chores (a probability of 0.617 in response 2, 0.011 in response 3 and 0.373 in response 1), low to moderate caregiving activities (probability of 0.427 in response 2, 0.378 in response 1), and low level of personal time (probability of 0.536 in response 1). The second class is labeled as “*high intensity worker based at home.*” They have a 0.999 probability of being in *high intensity* (response 3) for working at home. They are also likely to engage in moderate household chores (probability of 0.739 in response 2), moderate caregiving activities (probability of 0.544 in response 2), and low level of personal time (0.794 in response 1). Both high intensity workers away from and based at home are obviously characterized by their high level of involvement in work (more than eight hours a day). What is also striking is that they maintain a moderate level of family responsibilities, both in terms of housework and caregiving. Clearly these two classes of women are shouldering a heavy “double burden”.

We identify the third class as “*moderate intensity worker away from home.*” They have a 0.999 probability of being in response category 2 for working outside home. They are likely to

engage in moderate household chores (probability of 0.641 in response 2), moderate caregiving activities (probability of 0.467 in response 2), and moderate level of personal time (probability 0.465 in response 2). The fourth class is identified as “*moderate intensity worker based at home.*” They have a 0.999 probability of being in response category 2 for working at home. They are more likely to engage in moderate household chores (probability of 0.653 in response 2), moderate to high caregiving activities (probability of 0.417 in response 2, 0.439 in response 3), and low to moderate level of personal time (probability of 0.461 in response 2, 0.395 in response 1).

Classes 3 and 4 are distinguished from 1 and 2 primarily by the intensity of their work load. Women in Classes 3 and 4 engage in a moderate level of work activities while those in 1 and 2 engage in a high level of work activity. There is some difference with respect to intensity of family responsibilities of caregiving and household chores. Those in Class 1 and 2 are unlikely to be in the high intensity group when it comes to caregiving and household chores. Those in Classes 3 and 4 are more likely to be in the high intensity group with caregiving and household chores, and equally likely to be in the moderate intensity group. All of this means that women in all these four classes are subject to a heavy double burden, but the high intensity workers are more likely to shoulder a heavier burden in the work arena while the moderate intensity workers have a heavier demand from family responsibilities. In terms of personal time, women in Classes 1 and 2, who are high intensity workers, suffer from the highest deficit, reflected by a very low probability of having high intensity personal time. In comparison, the moderate workers in Classes 3 and 4 are somewhat more likely to be spending a moderate or high level of their time with personal pursuits.

The next two classes (5 and 6) are labeled as “*high intensity caregiver*” and “*homemaker*”. What distinguishes these women from the above four classes is the high load of family responsibilities and the lack of work responsibilities. Those identified as “*high intensity caregiver*” have very high probabilities of being in the zero to low intensity category for working for pay outside the home or at home; 0.846 and 0.998 respectively. For Class 6, labelled as “*homemaker*,” the probabilities are 1.000 and 0.989 respectively. These two classes are strikingly similar in their probabilities of having a high housework load. Women in both groups are very likely to be in the high intensity category for household chores (item probability of 0.665 and 0.655 respectively). But, the two classes also distinct in two important ways. “*High intensity caregivers*” have a 0.970 probability of being in the category of high intensity (response 3) for caregiving. For “*homemakers*,” the same item probability is only 0.361. Women in the “*homemakers*” group are the only ones that are likely to enjoy a high level of personal time (item probability of 0.793 in high intensity 3). “*High intensity caregivers*” are likely to enjoy a moderate amount of personal time (item probability of 0.655).

The patterns of item response responsibilities are quite similar in 1994, 1998 and 2002 (results not shown). The amount of caregiving decreases for women in every class except for Class 5 (“*high intensity worker*”). Given that the sample is getting older at later waves of data collection, this may be reflecting a decrease in mothering activities with increasing age. We ran the six-class latent class model for year 2005 and 2012, the same as what we did for the earlier three waves. Based on the results of item response probabilities, we find an exact match between five of the classes identified in earlier waves. However, we did not find a class that matches with the description of “*moderate intensity worker based at home*” (Class 4), in terms of item response probabilities. Instead, in 2005, the sixth class has the item response probability

distribution resembling the class of “*high intensity worker away from home.*” For 2012, the sixth class has item response probabilities similar to the class of “*homemaker.*” Such results suggest that a five-class latent class structure is sufficient to describe time use patterns in 2005 and 2012.

The above estimates on item response probabilities (ρ) help us to distinguish six classes of women apart from each other, with the first four groups subject to heavy “double burden” from the combinations of work and family responsibilities, while the last two are mostly responsible for household duties only. The second estimate from the basic LCA model, class membership probabilities (γ), identifies the probability distribution of class membership in the six classes (adding up to 100%). This measure is extremely useful in helping us to document how prevalent “double burden” is among the CLHNS women and whether there exists any trend over time (see Figure 1).

-Figure 1 about here-

About a quarter of women are identified as “*high intensity workers away from home*” in 1994 (modal category) and the proportion remains steady over time but drops to 19.1% in 2012. There is a slight increase in “*high intensity worker based at home*” over time. This suggests not much “scaling back” for women in the high intensity worker categories over time. At the same time, we observe a steady decline in the moderate intensity worker categories. For those who are considered “*moderate intensity workers away from home*”, the proportion dropped more than half over eighteen years. As for “*moderate intensity workers based at home*”, this category completely disappeared in 2005 and 2012. Accompanying the decline in moderate intensity workers, we see a dramatic rise in the “*homemaker*” class, from 22.4% in 1994 to 53.3% in 2012. The “*high intensity caregiver*” class fluctuates over time, with decreases early on and then with

increases. Because caregiving is broadly defined, this could reflect a declining responsibility for caring for one's children and parents and increasing responsibilities for grandchildren care.

What could drive the fluctuation in time use class membership? We hypothesize that they correspond to life course transitions. In the next step of the analysis, we explore household composition as a key predictor of time use class membership, and also include other covariates such as age, education, rural/urban residence. We measure household composition by 1) presence of parents; 2) presence of spouse; 3) presence of children; 4) presence of grandchildren; and 5) presence of other person. Table 4 shows the descriptive characteristics for these variables. What stands out in the changes in household composition over time is the dramatic increase in grandparenthood. While only 8.3% of the women have coresident grandchildren in the household in 1994, by 2012 the majority of these women are living with grandchildren.

-Table 4 about here-

Latent Classes Analyses with Covariates

The results of the multinomial logistic regressions predicting class membership are voluminous, because we have five models for each wave of the data, with each model containing five contrasts with the base category (“*homemaker*”). In order to facilitate our interpretation, and because the presence of grandchildren is of key interest, we calculate predicted probabilities based on the estimated models, with all other variables held at their means (for continuous variables) and modes (for categorical variables), and present them in Figure 2a-2d. We present the full results of the multinomial logit models in 2002 as an example in Table 5. We illustrate

this year since it is the wave when grandchildren presence in the household became more prevalent (full results from other years are available upon request).

Figures 2a-2d clearly illustrate a difference in the *high intensive* work type (Class 1 and 2, both high intensity workers based at and away from home), that is, women with coresident grandchildren are less likely to engage in long hours of work. For example, in 2002, the probability of being a “*high intensive worker based at home*” is 0.131 for those without grandchildren present in the household, as compared with 0.088 for those with grandchildren present in the household. The effect of grandchild presence is less consistent for the *moderate intensity* work type (Class 3 and 4). Having coresident grandchildren in the household slightly reduces the probability of being a “*moderate intensity worker away from home*” (Class 3) in 2002, but the difference is only 0.013 (see Figure 2b). Women with coresident grandchildren are also less likely to be “*moderate intensity workers based at home*” (Class 4). As expected, those with grandchildren in the house are more likely to be “*high intensity caregiver*” (Class 5), as well as “*homemaker*” (Class 6). In 2012, for example, those with grandchildren present in the household are much more likely to be “*high intensity caregiver*” than those without them (a probability of 0.134 versus 0.084).

-Figures 2a-d-

-Table 5 about here-

The effect of other household composition variables is less consistent across years but there exists some commonality. As shown in Table 5, for example, the presence of adult child in the household increases likelihood of being in Class 1 and 2 (“*high intensity workers*”) but decreases the likelihood of being in Class 6 (“*homemaker*”). This could indicate economic

pressure faced by multigenerational households, as well as more opportunities for family members to cooperate with each other. As expected, age has little effect on time use patterns when household composition variables effectively take into account of life transitions.

Results from Latent Transition Analyses

Table 6 shows the transition probabilities in time use latent classes across the five waves of measurement. Overall, about 60% of the sample experienced transition in time use class membership in between survey intervals. Some of the classes are more stable than the others. For example, 61.7% of those “*high intensity workers away from home*” stayed in the same class from 1994 to 1998. The stability decreases slightly over time, but still 41.4% of the women remained in the same group from 2005 to 2012. This pattern is consistent with our cross-sectional analysis, in that the proportion of “*high intensity workers away from home*” remains steady. The stability of “*homemaker*” class increases over years, with 63.8% of those (100-36.2%) transition out of the class from 1994 to 1998, but the turnover rate is cut down by half in 2005-2012, with only 30.7% of those (100-69.3%) transition out of the class. Other classes are more volatile. For instance, in the “*high intensity caregiver*” class (Class 5), only 16.5% of those stayed in the same class from 2005 to 2012 while the majority (54.6%) transitioned into “*homemaker*” by 2012. Among the “*high intensity caregivers*” in 2012, 78.6% of those have transitioned into this class from 2005.

-Table 6 about here-

What could have prompted these transitions in time use membership over all? Our cross-sectional LCA shows that household composition matters, particularly the presence of

grandchildren in the household. As Table 4 shows, the presence of grandchildren has increased from 8.3% to 57.9% of the households. Do we observe any dynamic change in latent classes of time use membership? We now turn to our results from latent transition analysis (LTA). With six classes, potentially we could examine 36 types of transition/non-transitions in-between adjacent waves of data. With four survey intervals, the results could be overwhelming. Instead of taking an exhaustive approach, our LTA analysis thus uses results from cross-sectional analysis as well as our substantive interests as a guide. First, we model the transition into the “*high intensity caregiver*” (Class 5) in logistic regression models for four survey intervals, given our interest in grandparental caregiving. The results are presented in Table 7. The key covariates for the analysis are dynamic changes in the household composition. The most notable effect in the table comes from the changes in the presence/absence of grandchildren. For example, compared with those households with no grandchildren in either 2005 or 2012, those women who experienced a transition from no grandchild to having grandchildren living in the household are twice likely to become “*high intensity caregivers*” (translating the log odds of 0.701 into odds ratio). The effect is marginally significant in 1998-2002. Interestingly, in 1994 to 1998, while the majority of the women did not have grandchildren in the household yet, those who have already had grandchildren in the household in both survey years are 3.13 times more likely to become “*high intensity caregivers*” than those without grandchildren in the household (translating the log odds of 1.141 into odds ratio).

-Table 7 about here-

We also note a couple of other interesting findings. For those with spouse present in 1998 and 2002, women are more likely to become “*high intensity caregivers*” than those with no spouse in the household in both years. For those who lost parents in the household from 1998 to

2002, they are less likely to transition into “*high intensity caregivers*”. Because we do not distinguish among spousal care, elderly care and childcare in the measurement of caregiving, these transition capture the diversity in the women’s caregiving experience as they age over the life course. We note that, because the presence of children in the household is very steady across waves and without much changes (e.g., almost all household have children in 1994 and 1998), some dynamic effects could not be estimated and therefore absent from the table.

We also ran a series of logistic regression models of transition *out of* class 1 through 4 respectively but did not find much effect in the dynamic change of grandchildren presence (results not shown). We interpret the non-findings in two possible ways. First, women do not scale back work activities even when caregiving duties potentially increase. The moderate and high intensity workers actually are engaged in a significant amount of caregiving and household work, and are subject to a great deal of double burden. The other possible reason for non-findings is due to the lack of power as sample sizes are quite small in each category. We estimated another logistic regression model that combined Class 1 through 4 together (the “double burdened categories”) and therefore modelled transition out of work category. We found that the change from absent to present in grandchildren had a significant positive effect in 1998-2002, that is, women are more likely to transition out of the worker category if they experienced addition of grandchildren in the household. We also found that from 1994 to 1998 and from 1998 to 2002 having grandchildren consistently present in the household is associated with a higher likelihood of women transitioning out of both moderate or intensity work category, suggesting that the continued demands from caregiving for grandchildren may make the woman completely leave the workforce and become a devoted caregiver or homemaker in the family.

-Table 8 about here-

Discussion and Conclusion

Women are overwhelmingly responsible for housework and caregiving responsibilities around the world in spite of their increased entry into the labor market. Although the term “double burden” is often invoked in the discussion of women’s work and family roles, our understanding of these competing demands remains inadequate, particularly in the context of developing countries and transitional economies, where the informal work sector is large and the distinction between work and home environment is often blurred (Desai and Jain 1994; Donahoe 1999; Lloyd 1991; Short *et al.* 2002). Time use data is an excellent source of information to help us to understand work activities that standard surveys often fail to capture, and to document the associated patterns between work and other unpaid household work and caregiving work (Floro and Komatsu 2011; Hirway and Jose 2011).

While the gendered pattern of time use is no news, we also know little of the process during which women’s time use patterns change over the life course (see review by Sayer, Freedman and Bianchi 2015). Time re-allocation is inevitable when one moves from younger to older age, and transitions from one role to the other. The results from our latent class and latent transition analysis of time use allocation data for the Cebu women in CLHNS data reveal diverse patterns of configuration in work and family responsibilities over time. Close to a third of the sample are steadily engaged in high intensity work for pay either away from home or at home. It is important to note that although we label them as “*high intensity worker*,” the labels do not readily convey the sense that these women’s involvement in household chores is still extensive (2-6 daily hours). At the same time, those who are moderate intensity workers often carry a heavy load of household responsibilities. Thus, for those groups of women, the double burden of home and work responsibilities is tilted in a different way. Without such detailed time use

information, we would not have been able to capture the nuance in the alignment in work and family responsibilities for these women.

The above results are not surprising by any means. Just like women in other parts of the world, women in the Philippines are disproportionately heavily involved in family responsibility despite their increasing contribution to the family economy. What is striking is how incredibly consistent are the classes of “*high intensity workers*” during an eighteen year time span from 1994 to 2012. This means that these Filipino women have been shouldering the double burden of work and household responsibilities for a long life span from mid life to early old age. Although the proportion of the sample that is classed as “*homemaker*” is growing over time, those classed as high intensity workers decreases very little over time in their proportions. Indeed, our latent transition analysis show that “*the high intensity worker away from home*” is relatively stable over time.

In addition, as many women become grandmothers and live with grandchildren, the life transition undoubtedly affects their time use patterns. Both our LCA and LTA results clearly suggests that being a coresident grandmother significantly increases the likelihood of being a “*high intensity caregiver*” and becoming a coresident grandmother increases the transition probability into a “*high intensity caregiver*” across survey intervals. At the end of the eighteen year span, the majority of the women in the sample still do not have the luxury of enjoying a substantial amount of personal time. For these women, although their involvement in work activities has significantly reduced, the increase in caregiving responsibilities often crowds out the time for self care, which can be critical as individuals transition into old age (Arora and Wolf 2014; Offer and Schneider 2011). This stands in sharp contrast with experiences of older adults in developed countries, whom often experience a much more noted increase in leisure time

(Gauthier and Smeeding 2003). Interestingly, we also observe that for a large proportion of the women in the sample, during the transition from midlife to old age or into grandmotherhood, work responsibilities remain an important defining characteristic for their time use patterns. Transition out of work is less drastic compared with the Western context. Close to half of the sample are still classified as moderate or high intensity workers by 2012. Addition of grandchildren into the household leads to transition out of workers' role for some women but not all. Therefore, these women who remained in Class 1 to Class 4 are still heavily double burdened, without enjoying a surge in leisure time.

While the current paper is a fruitful use of the time use data in CLHNS, it is not without limitations. For example, changes in time use patterns could also be attributed to period effects, apart from life course effects. The economy of Philippines is gradually becoming more industrialized, given its GDP of 272.1 billion USD, being the 15th largest in Asia (World Bank 2013). Therefore women's participation in market work during the 18-year of span could be potentially affected by the economic development. In terms of generalizability of the analysis, we caution that the survey covers the second largest metropolitan area in the Philippines and is not a nationally representative survey. Further, our analysis starts in 1994, but close to one third of the sample has lost to follow up since 1984-1985, with out-migration being the most common reason. As a result, women in our sample are less educated, have a higher number of children and are more likely to live in rural areas, compared with the baseline sample. Another limitation is that we characterize work by work place and work hours but do not take into account of other work characteristics such as occupations, types of job or work sectors. The latent classes do not directly capture work and family conflicts, but the differentiation between work place (away from home vs. home based) is a proxy to highlight the compatibility of work and family

responsibilities. Finally, our definition of role transition, specifically the transition into grandmotherhood, is limited by the household structure. For those women who become grandmothers but do not coreside with grandchildren, we are unable to capture whether such role transition entails any shifts of their time use. Despite these limitations, we believe our study makes an important step in understanding women's time use patterns and changes over time in a developing country setting and in illuminating the reconfiguration of work and family responsibilities in transitioning from mid to old age.

References

- Adair, L. et al. 1997. *Cebu Longitudinal Health and Nutrition Survey Follow-up Study Final Report*.
- Agree, Emily M., Ann E. Biddlecom, and Thomas W. Valente. 2005. "Intergenerational Transfers of Resources between Older Persons and Extended Kin in Taiwan and the Philippines." *Population Studies* 59(2):181–95.
- Arora, Kanika and Douglas A. Wolf. 2014. "Is There a Trade-off Between Parent Care and Self-Care?" *Demography* 51(4):1251–70.
- Baker, Lindsey A. and Merril Silverstein. 2008. "Depressive Symptoms among Grandparents Raising Grandchildren: The Impact of Participation in Multiple Roles." *Journal of Intergenerational Relationships* 6(3):285–304.
- Bianchi, Suzanne M. 2000. "Maternal Employment and Time with Children: Dramatic Change or Surprising Continuity?" *Demography* 37(4):401–14.
- Chen, Feinian and Guangya Liu. 2012. "The Health Implications of Grandparents Caring for Grandchildren in China." *Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* 67(1):99–112.
- Chen, Feinian, Guangya Liu, and Christine A. Mair. 2011. "Intergenerational Ties in Context: Grandparents Caring for Grandchildren in China." *Social Forces* 90(2):571–94.
- Chen, Feinian, Christine A. Mair, Luoman Bao, and Yang Claire Yang. 2015. "Race/ethnic Differentials in the Health Consequences of Caring for Grandchildren for Grandparents." *Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* 70(5):793–803.

- Chen, Feinian, Susan E. Short, and Barbara Entwisle. 2000. "The Impact of Grandparental Proximity on Maternal Childcare in China." *Population Research and Policy Review* 19(6):571–90.
- Cruz, Grace, Joefrey B. Abalos, Melissa C. Lavares, Josefina N. Natividad, and Yasuhiko Saito. 2009. "Changing Social Structures and the Well-Being of the Older Filipinos." *Transactions of the National Academy of Science and Technology (Philippines)* 31(2):197–222.
- Desai, Sonalde and Devaki Jain. 1994. "Maternal Employment and Changes in Family Dynamics: The Social Context of Women's Work in Rural South India." *Population and Development Review* 20(1):115–36.
- Donahoe, Debra Anne. 1999. "Measuring Women's Work in Developing Countries." *Population and Development Review* 25(3):543–76.
- Elder, Glen H., Monica Kirkpatrick Johnson, and Robert Crosnoe. 2003. "The Emergence and Development of Life Course Theory." Pp. 3–19 in *Handbook of the Life Course*, edited by Jeylan T. Mortimer and Michael J. Shanahan. New York: Kluwer Academic/Plenum Publishers.
- Entwisle, Barbara and Feinian Chen. 2002. "Work Patterns Following a Birth in Urban and Rural China: A Longitudinal Study." *European Journal of Population* 18(2):99–119.
- Floro, Maria S. and Hitomi Komatsu. 2011. "Gender and Work in South Africa: What Can Time-Use Data Reveal?" *Feminist Economics* 17(4):33–66.
- Gauthier, Anne H. and Timothy M. Smeeding. 2003. "Time Use at Older Ages: Cross-National Differences." *Research on Aging* 25(3):247–74.

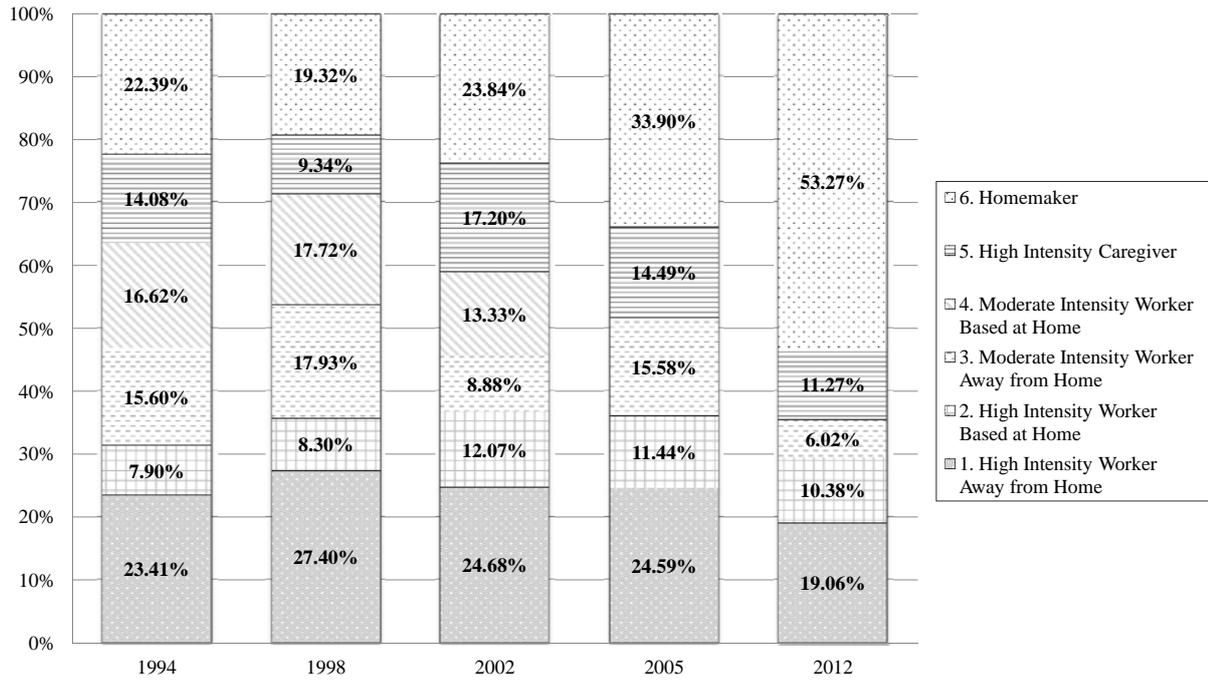
- Gauthier, Anne H. and Timothy M. Smeeding. 2010. "Historical Trends in the Patterns of Time Use of Older Adults." Pp. 289–310 in *Ageing in Advanced Industrial States: Riding the Age Waves*, vol. 3, edited by Shripad Tuljapurkar, Naohiro Ogawa, and Anne H. Gauthier. Springer Science + Business Media B.V.
- Gultiano, Socorro A. 1999. "Husbands' Views on Family Planning and Labor Force Participation of Wives in Metro Cebu, the Philippines." *Philippine Quarterly of Culture and Society* 27(3/4):133–60.
- Hirway, Indira and Sunny Jose. 2011. "Understanding Women's Work Using Time-Use Statistics: The Case of India." *Feminist Economics* 17(4):67–92.
- Hochschild, Arlie and Anne Machung. 2012. *The Second Shift: Working Families and the Revolution at Home*. Revised ed. Penguin Books.
- Hughes, Mary Elizabeth, Linda J. Waite, Tracey A. LaPierre, and Ye Luo. 2007. "All in the Family: The Impact of Caring for Grandchildren on Grandparents' Health." *Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* 62(2):S108–19.
- Ku, Li-Jung E. et al. 2013. "Impact of Caring for Grandchildren on the Health of Grandparents in Taiwan." *Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* 68(6):1009–21.
- Lanza, Stephanie T. et al. 2015. *PROC LCA & PROC LTA Users' Guide (Version 1.3.2)*. University Park: The Methodology Center, Penn State. Retrieved (methodology.psu.edu).
- Lanza, Stephanie T. and Linda M. Collins. 2008. "A New SAS Procedure for Latent Transition Analysis: Transitions in Dating and Sexual Risk Behavior." *Developmental Psychology* 44(2):446–56.

- Lanza, Stephanie T., Linda M. Collins, David R. Lemmon, and Joseph L. Schafer. 2007. "PROC LCA: A SAS Procedure for Latent Class Analysis." *Structural Equation Modeling* 14(4):671–94.
- Leopold, Thomas and Jan Skopek. 2014. "Gender and the Division of Labor in Older Couples: How European Grandparents Share Market Work and Childcare." *Social Forces* 93(1):63–91.
- Lloyd, Cynthia B. 1991. "The Contribution of the World Fertility Surveys to an Understanding of the Relationship between Women's Work and Fertility." *Studies in Family Planning* 22(3):144–61.
- Lynch, Scott M., Scott J. Brown, and Sarah A. Mustillo. 2016. *Handling Missing Data in Social Research*. Chapman and Hall/CRC.
- Massey, Garth, Karen Hahn, and Dusko Sekulic. 1995. "Women, Men, and The 'second Shift' in Socialist Yugoslavia." *Gender & Society* 9(3):359–79.
- Mattingly, Marybeth and Suzanne M. Bianchi. 2003. "Gender Differences in the Quantity and Quality of Free Time: The U.S. Experience." *Social Forces* 81(3):999–1030.
- McCutcheon, A. L. 1987. *Latent Class Analysis*. Sage.
- McKenna, Kryss, Kieran Broome, and Jacki Liddle. 2007. "What Older People Do: Time Use and Exploring the Link between Role Participation and Life Satisfaction in People Aged 65 Years and over." *Australian Occupational Therapy Journal* 54(4):273–84.
- Milkie, Melissa A., Sara B. Raley, and Suzanne M. Bianchi. 2009. "Taking on the Second Shift: Time Allocations and Time Pressures of U.S. Parents with Preschoolers." *Social Forces* 88(2):487–517.
- Moen, Phyllis. 1992. *Women's Two Roles: A Contemporary Dilemma*. New York: Auburn House.

- Offer, S. and B. Schneider. 2011. "Revisiting the Gender Gap in Time-Use Patterns: Multitasking and Well-Being among Mothers and Fathers in Dual-Earner Families." *American Sociological Review* 76(6):809–33.
- Oppong, Christine. 1983. "Women's Roles, Opportunity Costs, and Fertility." Pp. 547–89 in *Determinants of Fertility in Developing Countries*, edited by R.A. Bulatao, R.D. Lee, P.E. Hollerbach, and J.P. Bongaarts. New York: Academic Press.
- Parreñas, Rhacel Salazar. 2000. "Migrant Filipina Workers and the International Division of Domestic Labor." *Gender & Society* 14(4):560–80.
- Population Reference Bureau. 2014. *World Population Data Sheet 2014*. Retrieved (<http://www.prb.org/Publications/Datasheets/2014/2014-world-population-data-sheet.aspx>).
- Sayer, Liana C. 2005. "Gender, Time and Inequality: Trends in Women's and Men's Paid Work, Unpaid Work and Free Time." *Social Forces* 84(1):285–303.
- Sayer, Liana C., Suzanne M. Bianchi, and John P. Robinson. 2004. "Are Parents Investing Less in Children? Trends in Mothers' and Fathers' Time with Children." *American Journal of Sociology* 110(1):1–43.
- Sayer, Liana C., Paula England, Michael Bittman, and Suzanne M. Bianchi. 2009. "How Long Is the Second (plus First) Shift? Gender Differences in Paid, Unpaid, and Total Work Time in Australia and the United States." *Journal of Comparative Family Studies* 40(4):523–45.
- Sayer, Liana C., Vicki A. Freedman, and Suzanne M. Bianchi. 2015. "Gender, Time Use and Aging." in *Handbook of Aging and the Social Sciences, Eighth Edition*, edited by Linda K. George and Kenneth F. Ferraro.
- Scommegna, P. and N. Mossaad. 2011. *The Health and Well-Being of Grandparents Caring for Grandchildren*. Washington, DC.

- Short, Susan E., Feinian Chen, Barbara Entwisle, and Fengying Zhai. 2002. "Maternal Work and Child Care in China: A Multi-Method Analysis." *Population and Development Review* 28(1):31–57.
- Tiefenthaler, Jill. 1997. "Fertility and Family Time Allocation in the Philippines." *Population and Development Review* 23(2):377–97.
- Velicer, Wayne F., Rosemarie A. Martin, and Linda M. Collins. 1996. "Latent Transition Analysis for Longitudinal Data." *Addiction* 91(Supplement):S197–209.
- Vermunt, J. K. and J. Magidson. 2002. "Latent Class Cluster Analysis." Pp. 89–106 in *Applied Latent Class Analysis*, edited by J. Hagenaars and A. McCutcheon. Cambridge: Cambridge University Press.
- Wang, Ying and Dave E. Marcotte. 2007. "Golden Years? The Labor Market Effects of Caring for Grandchildren." *Journal of Marriage and Family* 69(5):1283–96.
- World Bank. 2013. *Gross Domestic Product Ranking Table*. Retrieved (<http://data.worldbank.org/data-catalog/GDP-ranking-table>).

Figure 1. Distribution of Time Use Class Membership 1994-2012



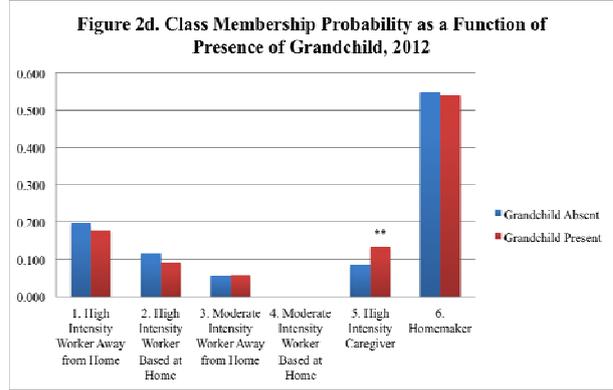
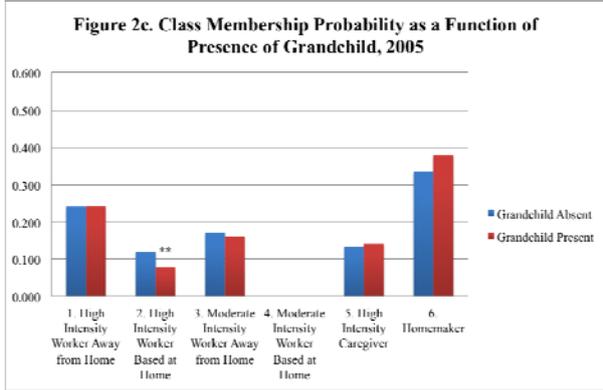
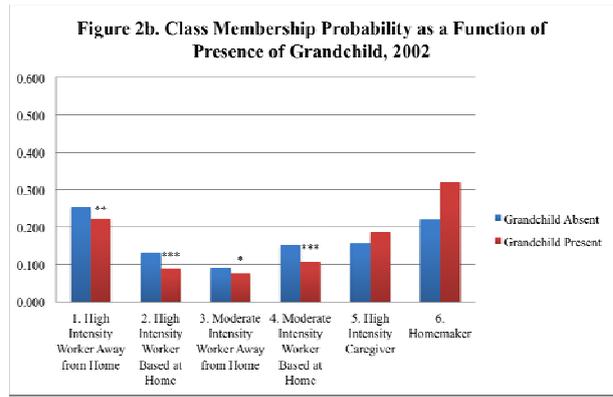
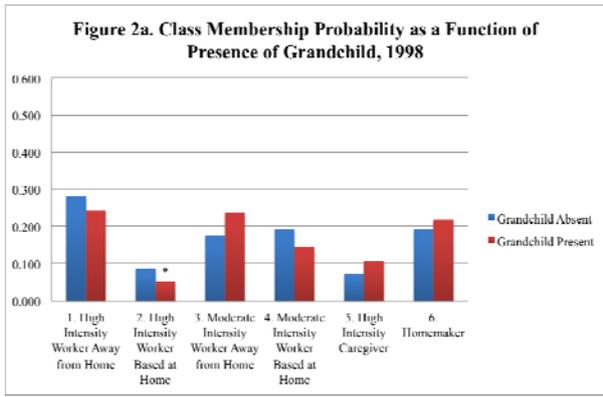


Table 1. Descriptive Statistics of Time Use Variables 1994-2012

	1994	1998	2002	2005	2012
	(N=2,279)	(N=1,989)	(N=2,102)	(N=2,018)	(N=1,815)
Working outside home					
Mean (hours per day)	3.474	3.969	3.633	3.515	2.849
SD	(4.572)	(4.734)	(4.814)	(4.668)	(4.433)
<i>Moderate intensity: <=8 hrs (%)</i>	20.4	22.5	18.9	18.4	15.8
<i>High intensity > 8 hrs (%)</i>	23.5	27.4	24.7	24.2	19.3
<i>Zero intensity: 0 hr (%)</i>	56.2	50.1	56.4	57.3	65.0
Working at home					
Mean (hours per day)	1.652	1.842	2.082	1.986	1.835
SD	(3.331)	(3.439)	(3.878)	(3.776)	(3.591)
<i>Moderate intensity: <=8 hrs (%)</i>	17.2	19.5	17.0	16.5	17.2
<i>High intensity > 8 hrs (%)</i>	7.9	8.3	12.1	10.9	10.4
<i>Zero intensity: 0 hr (%)</i>	74.9	72.2	70.9	72.7	72.5
Caregiving					
Mean (hours per day)	1.503	1.298	0.788	0.723	0.870
SD	(1.957)	(1.774)	(1.604)	(1.667)	(1.886)
<i>Moderate intensity: <=1 hrs (%)</i>	39.4	48.8	25.8	21.5	15.8
<i>High intensity: > 1 hrs (%)</i>	40.1	34.5	20.7	17.9	20.9
<i>Zero intensity: 0 hr (%)</i>	20.5	16.7	53.5	60.7	63.4
Household chores					
Mean (hours per day)	5.035	4.389	4.140	4.004	3.904
SD	(2.606)	(2.385)	(2.650)	(2.510)	(2.548)
<i>Moderate intensity: <=6 hrs (%)</i>	52.6	55.9	50.3	51.3	51.9
<i>High intensity: > 6 hrs (%)</i>	34.4	25.0	23.8	21.1	20.6
<i>Low intensity: <=2 hrs (%)</i>	13.0	19.2	25.9	27.6	27.5
Personal time					
Mean (hours per day)	4.656	5.085	5.990	6.436	7.245
SD	(2.820)	(2.883)	(3.366)	(3.330)	(3.811)
<i>Moderate intensity: <=6 hrs (%)</i>	39.8	42.0	34.2	33.8	30.2
<i>High intensity: > 6 hrs (%)</i>	27.0	31.6	44.8	50.3	56.4
<i>Low intensity: <=3 hrs (%)</i>	33.2	26.4	21.0	16.0	13.4

Source: Cebu Longitudinal Health and Nutrition Survey (CLHNS)

Table 2. Comparison of Goodness of Fit of Basic Latent Class Models 1994-2012

No. of Classes	Likelihood Ratio G^2	Degrees of Freedom	AIC	BIC
Wave 1994				
2	2364.41	221	2406.41	2526.77
3	1010.37	210	1074.37	1257.78
4	798.79	199	884.79	1131.24
5	583.58	188	691.58	1001.08
6	396.33	177	526.33	898.88
7	355.09	166	507.09	942.68
Wave 1998				
2	2243.94	221	2285.94	2403.44
3	834.98	210	898.98	1078.03
4	606.08	199	692.08	932.69
5	561.47	188	669.47	971.62
6	327.75	177	457.75	821.45
7	282.99	166	434.99	860.24
Wave 2002				
2	2135.30	221	2177.30	2295.97
3	836.86	210	900.86	1081.68
4	630.69	199	716.69	959.67
5	616.16	188	724.16	1029.29
6	382.03	177	512.03	879.32
7	303.79	166	455.79	885.24
Wave 2005				
2	2150.18	221	2192.18	2309.99
3	860.14	210	924.14	1103.65
4	629.87	199	715.87	957.09
5	594.70	188	702.70	1005.64
6	371.89	177	501.89	866.53
7	268.05	166	420.05	846.40
Wave 2012				
2	1724.54	221	1766.54	1882.12
3	783.37	210	847.37	1023.49
4	522.67	199	608.67	845.34
5	463.75	188	571.75	868.96
6	374.24	177	504.24	861.99
7	316.24	166	468.24	886.53

Note: Boldface type indicates the selected model.

Source: Cebu Longitudinal Health and Nutrition Survey (CLHNS)

Table 3. Item-Response Probabilities for Six-Class Model 1994

Item	Latent Class					
	1. High Intensity Worker Away from Home	2. High Intensity Worker Based at Home	3. Moderate Intensity Worker Away from Home	4. Moderate Intensity Worker Based at Home	5. High Intensity Caregiver	6. Homemaker
Response Category 1 (zero to low intensity)						
Working outside home	0.000	0.983	0.001	0.848	0.846	1.000
Working at home	0.986	0.001	0.999	0.001	0.998	0.989
Caregiving	0.378	0.244	0.225	0.144	0.000	0.171
Household chores	0.373	0.194	0.077	0.030	0.019	0.034
Personal time	0.536	0.794	0.192	0.395	0.344	0.000
Response Category 2 (moderate intensity)						
Working outside home	0.000	0.017	0.999	0.150	0.152	0.000
Working at home	0.014	0.001	0.001	0.999	0.002	0.011
Caregiving	0.427	0.544	0.467	0.417	0.030	0.467
Household chores	0.617	0.739	0.641	0.653	0.317	0.312
Personal time	0.404	0.195	0.465	0.461	0.655	0.206
Response Category 3 (high intensity)						
Working outside home	1.000	0.000	0.000	0.002	0.002	0.000
Working at home	0.000	0.999	0.000	0.000	0.000	0.000
Caregiving	0.195	0.211	0.308	0.439	0.970	0.361
Household chores	0.011	0.067	0.282	0.317	0.665	0.655
Personal time	0.060	0.011	0.343	0.144	0.001	0.793

Source: Cebu Longitudinal Health and Nutrition Survey (CLHNS)

Table 4. Mean and Standard Deviation for Selected Independent Variables 1994-2012

	1994 (N=2,279)	1998 (N=1,989)	2002 (N=2,102)	2005 (N=2,018)	2012 (N=1,815)
Presence of Spouse (Yes=1, No=0)	0.903 (0.295)	0.881 (0.324)	0.850 (0.357)	0.840 (0.366)	0.733 (0.443)
Presence of Grandchild (Yes=1, No=0)	0.083 (0.277)	0.135 (0.342)	0.204 (0.403)	0.304 (0.460)	0.579 (0.494)
Presence of Child (Yes=1, No=0)	0.995 (0.069)	0.995 (0.067)	0.983 (0.128)	0.976 (0.154)	0.902 (0.297)
Presence of Parent (Yes=1, No=0)	0.098 (0.298)	0.072 (0.258)	0.071 (0.257)	0.060 (0.238)	0.037 (0.189)
Presence of Other Person (Yes=1, No=0)	0.224 (0.417)	0.177 (0.382)	0.161 (0.368)	0.135 (0.342)	0.131 (0.337)
Education (Years)	7.341 (3.837)	7.445 (3.900)	7.290 (3.824)	7.306 (3.799)	7.278 (3.820)
Rural (Yes=1, No=0)	0.275 (0.446)	0.284 (0.451)	0.285 (0.452)	0.267 (0.442)	0.267 (0.443)
Age	37.971 (6.129)	41.940 (6.129)	45.157 (6.152)	47.867 (6.081)	55.121 (5.948)

Source: Cebu Longitudinal Health and Nutrition Survey (CLHNS)

Table 5. Multinomial Logistic Regression on Time Use Class Membership 2002

	Class 1 vs. Class 6	Class 2 vs. Class 6	Class 3 vs. Class 6	Class 4 vs. Class 6	Class 5 vs. Class 6
Intercept	-1.352 (0.709)	-3.061 ** (0.995)	-0.913 (0.897)	-3.399 ** (1.206)	-2.487 ** (0.836)
Presence of Spouse	0.127 (0.170)	0.182 (0.213)	0.095 (0.240)	0.327 (0.211)	0.935 *** (0.235)
Presence of Grandchild	-0.504 ** (0.162)	-0.777 *** (0.206)	-0.539 * (0.231)	-0.728 *** (0.195)	-0.200 (0.172)
Presence of Child	1.107 * (0.484)	1.518 * (0.756)	0.148 (0.524)	2.335 * (1.034)	0.908 (0.569)
Presence of Parent	0.312 (0.245)	0.195 (0.319)	-0.158 (0.382)	0.225 (0.299)	-0.005 (0.302)
Presence of Other Person	-0.168 (0.170)	-0.338 (0.225)	-0.473 (0.265)	-0.297 (0.212)	-0.272 (0.204)
Education (Years)	0.056 ** (0.017)	-0.031 (0.022)	0.010 (0.025)	-0.029 (0.021)	-0.005 (0.020)
Rural	0.137 (0.154)	0.033 (0.185)	0.869 *** (0.190)	0.192 (0.173)	0.632 *** (0.160)
Age	-0.003 (0.011)	0.026 (0.013)	-0.010 (0.015)	0.014 (0.013)	0.008 (0.012)
Chi ²	152.207				
BIC	-8270.104				
N	2102				

*p<0.05; **p<0.01; ***p<0.001

Class 1. High Intensity Worker Away from Home

Class 2. High Intensity Worker Based at Home

Class 3. Moderate Intensity Worker Away from Home

Class 4. Moderate Intensity Worker Based at Home

Class 5. High Intensity Caregiver

Class 6. Homemaker

Source: Cebu Longitudinal Health and Nutrition Survey (CLHNS)

Table 6. Transition Probabilities for Time Use Class Membership, 1994-2012

	Transition probabilities to latent class at time $t + 1$						
	Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	Total (N)
Latent class at 1994							
Class 1 High Intensity Worker Away from Home	0.617	0.053	0.132	0.064	0.037	0.097	1.000 (454)
Class 2. High Intensity Worker Based at Home	0.158	0.260	0.089	0.323	0.051	0.120	1.000 (158)
Class 3. Moderate Intensity Worker Away from Home	0.244	0.068	0.319	0.160	0.078	0.130	1.000 (307)
Class 4. Moderate Intensity Worker Based at Home	0.189	0.126	0.132	0.366	0.054	0.132	1.000 (333)
Class 5. High Intensity Caregiver	0.133	0.023	0.222	0.166	0.185	0.272	1.000 (302)
Class 6. Homemaker	0.136	0.064	0.187	0.148	0.103	0.362	1.000 (406)
N	538	161	359	361	165	376	1,960
Latent class at 1998							
Class 1 High Intensity Worker Away from Home	0.561	0.065	0.086	0.059	0.073	0.157	1.000 (524)
Class 2. High Intensity Worker Based at Home	0.185	0.376	0.045	0.191	0.076	0.127	1.000 (157)
Class 3. Moderate Intensity Worker Away from Home	0.197	0.070	0.169	0.101	0.138	0.324	1.000 (355)
Class 4. Moderate Intensity Worker Based at Home	0.106	0.194	0.080	0.311	0.126	0.183	1.000 (350)
Class 5. High Intensity Caregiver	0.067	0.067	0.110	0.183	0.366	0.207	1.000 (164)
Class 6. Homemaker	0.078	0.075	0.045	0.117	0.334	0.351	1.000 (359)
N	469	224	174	278	323	441	1,909
Latent class at 2002							
Class 1 High Intensity Worker Away from Home	0.556	0.065	0.166	--	0.059	0.156	1.000 (495)
Class 2. High Intensity Worker Based at Home	0.180	0.357	0.078	--	0.164	0.221	1.000 (244)
Class 3. Moderate Intensity Worker Away from Home	0.263	0.062	0.313	--	0.101	0.263	1.000 (179)
Class 4. Moderate Intensity Worker Based at Home	0.085	0.151	0.130	--	0.247	0.387	1.000 (284)
Class 5. High Intensity Caregiver	0.094	0.049	0.130	--	0.206	0.521	1.000 (330)
Class 6. Homemaker	0.144	0.066	0.206	--	0.114	0.471	1.000 (467)
N	488	220	333		278	680	1,999
Latent class at 2005							
Class 1 High Intensity Worker Away from Home	0.414	0.065	0.056	--	0.096	0.370	1.000 (449)
Class 2. High Intensity Worker Based at Home	0.135	0.295	0.040	--	0.130	0.400	1.000 (200)
Class 3. Moderate Intensity Worker Away from Home	0.157	0.061	0.126	--	0.102	0.553	1.000 (293)
Class 5. High Intensity Caregiver	0.127	0.115	0.046	--	0.165	0.546	1.000 (260)
Class 6. Homemaker	0.082	0.084	0.040	--	0.101	0.693	1.000 (583)
N	340	185	105		201	954	1,785

Source: Cebu Longitudinal Health and Nutrition Survey (CLHNS)

Table 7. Logistic Regression Models of Transition Into High Intensity Caregiver (Transition=1; No Transition=0)

	1994-1998	1998-2002	2002-2005	2005-2012
Intercept	0.437 (0.883)	-2.281 + (1.360)	-0.639 (1.022)	-2.678 ** (0.906)
Change of the presence of spouse (reference = remain absent)				
Remain present	-0.109 (0.415)	0.967 ** (0.313)	0.395 (0.266)	0.497 (0.302)
Change from absent to present	0.195 (0.675)	0.922 (0.579)	-0.202 (0.582)	-0.482 (0.786)
Change from present to absent	-0.708 (0.713)	0.545 (0.444)	0.132 (0.475)	0.471 (0.356)
Change of the presence of child (reference = remain absent)				
Remain present	--	-1.570 (1.264)	0.038 (0.767)	-0.416 (0.307)
Change from absent to present	--	--	0.364 (1.088)	--
Change from present to absent	--	-1.459 (1.407)	-0.346 (1.069)	--
Change of the presence of grandchild (reference = remain absent)				
Remain present	1.141 ** (0.397)	-0.150 (0.265)	0.094 (0.230)	0.224 (0.254)
Change from absent to present	0.338 (0.348)	0.388 + (0.199)	-0.014 (0.216)	0.701 *** (0.212)
Change from present to absent	0.432 (0.547)	-0.062 (0.316)	0.074 (0.332)	-0.088 (0.395)
Change of the presence of parent (reference = remain absent)				
Remain present	-0.827 (0.743)	-0.502 (0.413)	0.061 (0.398)	-0.933 (1.034)
Change from absent to present	-1.160 (1.025)	-0.054 (0.399)	-0.677 (0.749)	0.212 (0.636)
Change from present to absent	0.286 (0.383)	-2.291 * (1.014)	0.349 (0.385)	0.612 + (0.368)
Change of the presence of other people (reference = remain absent)				
Remain present	-0.025 (0.357)	-0.081 (0.283)	-0.800 * (0.386)	-0.948 + (0.537)
Change from absent to present	-0.894 (0.603)	-0.175 (0.264)	0.276 (0.299)	0.120 (0.295)
Change from present to absent	-0.050 (0.332)	-0.018 (0.259)	-0.258 (0.312)	-0.155 (0.327)
Education (Years)	-0.055 + (0.031)	-0.005 (0.019)	-0.028 (0.022)	0.028 (0.024)
Rural	0.097 (0.231)	0.409 ** (0.149)	0.457 ** (0.163)	0.136 (0.201)
Age	-0.071 *** (0.019)	0.028 * (0.012)	-0.035 ** (0.014)	-0.001 (0.015)
Chi ²	34.230	49.430	37.000	27.100
BIC	886.697	1562.832	1366.982	1104.343
N	1,646	1,740	1,669	1,488

*** p<0.001, ** p<0.01, * p<0.05, + p<0.10

Source: Cebu Longitudinal Health and Nutrition Survey (CLHNS)

Table 8. Logistic Regression Models of Transition Out of Work, Class 1-4 Combined (Transition=1; No Transition=0)

	1994-1998	1998-2002	2002-2005	2005-2012
Intercept	-0.345 (0.644)	0.018 (0.711)	0.050 (0.856)	-2.034 * (0.817)
Change of the presence of spouse (reference = remain absent)				
Remain present	0.013 (0.303)	-0.013 (0.200)	0.101 (0.190)	0.229 (0.207)
Change from absent to present	0.188 (0.525)	0.452 (0.474)	0.306 (0.384)	-0.062 (0.462)
Change from present to absent	-0.108 (0.453)	0.113 (0.319)	0.130 (0.337)	0.276 (0.265)
Change of the presence of child (reference = remain absent)				
Remain present	-- --	-0.799 (0.519)	-0.311 (0.686)	0.285 (0.514)
Change from absent to present	-- --	-- --	-0.205 (1.148)	1.375 (0.995)
Change from present to absent	0.418 (0.862)	-- --	-0.306 (0.824)	0.399 (0.567)
Change of the presence of grandchild (reference = remain absent)				
Remain present	0.856 ** (0.327)	0.859 *** (0.219)	0.136 (0.194)	-0.107 (0.191)
Change from absent to present	0.323 (0.264)	0.495 ** (0.186)	0.094 (0.168)	0.092 (0.162)
Change from present to absent	0.302 (0.440)	0.155 (0.278)	0.153 (0.277)	-0.244 (0.275)
Change of the presence of parent (reference = remain absent)				
Remain present	-0.261 (0.454)	0.131 (0.293)	0.215 (0.296)	-0.736 (0.558)
Change from absent to present	-0.074 (0.500)	-0.241 (0.361)	-0.528 (0.587)	-1.386 * (0.595)
Change from present to absent	0.620 * (0.291)	0.015 (0.355)	-0.075 (0.344)	-0.024 (0.325)
Change of the presence of other people (reference = remain absent)				
Remain present	-0.212 (0.266)	0.107 (0.227)	-0.504 * (0.249)	-0.206 (0.316)
Change from absent to present	-1.034 * (0.439)	0.002 (0.226)	-0.449 (0.296)	0.306 (0.260)
Change from present to absent	-0.256 (0.252)	0.001 (0.218)	0.124 (0.234)	0.014 (0.239)
Education (Years)	-0.024 (0.021)	-0.027 + (0.016)	-0.041 * (0.017)	-0.054 ** (0.019)
Rural	-0.187 (0.183)	0.025 (0.135)	-0.095 (0.139)	-0.141 (0.159)
Age	-0.027 * (0.014)	-0.000 (0.010)	-0.001 (0.010)	0.045 *** (0.012)
Chi ²	25.850	31.200	20.080	42.970
BIC	1240.223	1793.412	1699.065	1387.527
N	1,251	1,381	1,202	942

*** p<0.001, ** p<0.01, * p<0.05, + p<0.10

Source: Cebu Longitudinal Health and Nutrition Survey (CLHNS)